**OLDER ADULTS PROGRAM FALL 2021**

**FREE ONLINE C******LASSES**

AGING **GAYFULLY!**

 ***for older LGBTQ+ adults***

***WISDOM! LAUGHTER! CONNECTION!***

***Discover LGBTQ+ aging strategies and community support as you share your unique life experiences and sense of humor with your Lesbian, Gay, Bisexual and Transgender peers!***

**INTRODUCTORY CLASS**

**Saturdays 11 am – 1 pm**

**August 21 – December 11, 2021**

**Offered Free Online via Zoom**

**OPEN TO ALL CALIFORNIA RESIDENTS!**

Instructor: Gary “Buz” Hermes MA

LGBT Aging Consultant

Buz has facilitated workshops, classes, and discussion groups for the LGBTQ+ community for over thirty years. He now loves sharing his passion for empowering aging strategies with his peers. More bio info at <https://profiles.santarosa.edu/gary-hermes>

***For more information go to*** [***www.aginggayfully.net***](http://www.aginggayfully.net) ***or contact Buz at***

***ghermes@santarosa.edu*** ***or (707) 227-6935***